

# Choccy and Crocy

## By Alex Taft

The search for honor and glory is different for all. Some find it in high academic achievement, some find it in performing righteous deeds, and some find it in challenge. At 2:30pm on Tuesday, November 3rd, three brave warriors stepped onto the track at Oak Hills to run the first OHHS Chocolate Milk Mile.

In the Chocolate Milk Mile, the participants run a mile on the track (four laps around). Before starting the run, each runner drinks a full cup of chocolate milk, runs two laps around the track, swiftly drinks another cup of chocolate milk, runs the final two laps, then drinks another cup of chocolate milk. The three brave Highlanders who ran this mile were all members of the Oak Hills Cross Country team, and as their season had ended, it was time for the ultimate run, the run which the entire CC season had been leading up to. These warriors are senior Alex Schmidt, junior Zach Krieg, and yours truly, sophomore Alex Taft. To increase the difficulty of this noble feat, Alex Schmidt and I decided to run the full mile in crocs.



All participants of the race describe feeling immense dread and tiredness after the run, as if a tsunami of chocolate milk had left them disemboweled. This dread could be felt during the race, even. Speaking from personal experience as a veteran of this run, I can say that the chocolate milk really started to hit me about halfway through the third lap. The pain was unique, indescribable almost. It's like there was a shootout between pirates and the British Royal Navy in my stomach as I ran. However, I, as well as Schmidt and Krieg, pushed through the pain towards the finish line. "The choccy had my stomach saucy, but was no match for my crocy," explains Alex Schmidt.

After the race, OHHS Cross Country's head coach, Nick Continenza, was interviewed over his opinions of the race. His statement on the act goes as follows: "I feel that the participants in the Chocolate Milk Mile must strike the perfect balance between courage, stupidity, and boredom to properly execute the Chocolate Milk Mile, and I'm interested to hear how many people threw up." To the surprise of all who dared to run the mile, no one threw up. May the powerful statement of Zach Krieg, "I like chocolate milk," resound within all of us, and may this challenge serve as inspiration for everyone of every background to push through the pain and obstacles of life, and finish the race!

### Times and Placements

1st place: Alex Taft, with a time of 5:15

2nd place: Alex Schmidt, with a time of 5:25

3rd place: Zach Krieg, with a time of 6:30